

Justin Carnate, M.A., AMFT

Trauma-Informed Humanistic & Collaborative Therapist

Accepting New Clients

Offering Telehealth Therapy to Individuals, Couples, and Families throughout California



SOME FOCUSES INCLUDE

- Anxiety
- LGBTQIA+
- Depression
- Grief & Loss
- Life Transitions
- Relational Issues
- Trauma-Focused
- Self-Esteem & Self-Worth
- Mindfulness & Self-Compassion



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Registered Associate Marriage and Family Therapist #135138

**Doppelt
Family
Therapy.**

**Supervised by
Rebecca Doppelt, LMFT #111104**